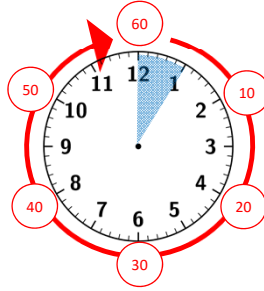


60 seconds



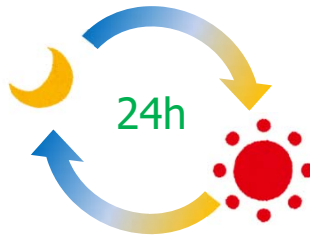
a minute

60 minutes



an hour

24 hours



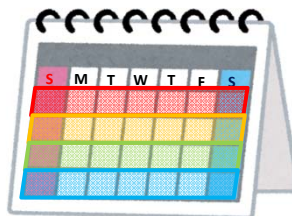
a day

7 days



a week

4 weeks



a month

12 months



a year